The concept of (Harmony with Nature) is not new, as the philosophy of Architecture represents the relationship between nature, humanity and the built environment. This relationship is generally well known in the heritage as a natural instinct regardless of its changes and variety among cultures and civilizations. The research deals with the concept of (Architectural Harmony with Nature) through (Sustainable Design) as a prevailing trend in the world scientific community, that took multiple names, overlapping directions and interwoven concepts. The absence of a theoretical framework capable of identifying trends of (Sustainable Design) that seek to achieve a harmonious and balanced architecture with nature promoting the human health and well-being as the most sublime goal, constitutes the main research problem. This problem arises from lack of knowledge in the field of architecture and environmental design in providing clear theoretical frameworks (as a result of literature concentration on fragmented and separate attributes), as well as the absence of a dialectic and reasonable interrelation between scientific and quasi-scientific theories in the fields of architecture and sustainable environmental design.

In light of the above mentioned problem, the aim of the present research is to reach a comprehensive theoretical model based on mechanisms of sustainable design that achieves harmonious Architecture with nature promoting the human health and well-being as a sublime goal. With this perspective in mind, the research structure has been built, including five chapters. Chapter One is allocated to provide the necessary background knowledge of the research concepts in general, and the concept of (sustainability) in particular, reaching finally to a classification of sustainable design trends into scientific and quasi-scientific trends. Chapter Two is devoted to establish a theoretical base for the arguments of the scientific fundamentals of sustainable design in line with the objectives of the research. Chapter Three has included the assistant practices of the sustainable design that supports the health and human well-being, which are classified by the research as quasi-scientific narratives. Chapter Four included concepts that support the conscious
design, place phenomenology and the concept of (Wholeness) to finally reach a harmonious Architecture with Nature. Chapter Five presents the final conclusions and future recommendations.

The research results reached a classification of scientific sustainable design trends that include three basic categories:

- The first seeks to dismiss the negative impact on the environment.
- The second seeks to minimize the negative impact on human health.
- The third seeks to promote the positive impact of the environment on humans.

The research concludes that the concept of (Conscious Sustainable Design) and the concept of (Wholeness) are achieved by combining the three scientific trends in one hand, and the combination between the basic scientific and quasi-scientific propositions as assistant practices promoting human health and well-being in the other hand.